Do you ❤️ the song Tony Chestnut? Tony Chestnut has become an international HIT, SENSATION staking its claim to fame from the US to South Africa, and everywhere inbetween.

It’s a simple tune with silly movements so inviting it is sung at preschool graduations, family nights, weddings, anniversaries and business meetings. It has even been performed by marching bands! One thing is certain, everywhere it’s performed laughter abounds both by those in observance and everyone participating.

This song starts out slowly and then becomes more challenging as the speed picks up.

Children point to their TOE! ... KNEE! ... CHEST! ... NUT! (head), nose and eyes. Then they cross their hands over their hearts and point to a friend.
Tony Chestnut knows I love you.

Tony knows. (Tony knows.)

Tony Chestnut knows I love you.

That’s what Tony knows.

And Eileen loves Neil and Neil loves Pat,

but Pat still loves Bob.

And there’s Russell and Skip.

This song is silly, but it’s hip.

How it ends, just one man knows.

And guess what, (what) it’s Tony Chestnut.

During the talk that directs the music to play faster. Cup your hands and pretend you are stirring the musical pot that is controlling the speed of the music. Stir faster and faster... repeat...
Cut easel paper in the shape of a heart – Simply fold in half and do one outside cut, have the children paint or draw pictures of who they love inside.
Science/Body Parts

Play “Simon Says Go Faster”

Introduce the game by pointing to body parts such as those named in the song. Then each time you say, “Simon says go faster” point to those body parts a little faster. The faster you go, the sillier the game becomes. Make it more challenging by adding additional body parts such as thighs, calves or ankles. Remember, in this version of Simon Says children DO NOT go out. They just go FASTER!

FUN FACT: Did you know that laughing lowers levels of stress hormones and strengthens the immune system. Six year olds laugh an average of 300 times a day. Adults only laugh 15 to 100 times a day!